

True Love That Lasts Movement

Inspired by *Pope Francis*
Based on *Pope Benedict XVI*
Promoted by *Bishop Caggiano*
Guided by *The Secret of Growing True Love That Lasts*

Inspired by **Pope Francis**

*“Don’t they (the media) realize that the family, all over the world, is in crisis?
And the family is the basis of society!
Don’t they realize that young people don’t want to get married?”*

Based on **Pope Benedict XVI**

Our book, *The Secret of Growing True Love That Lasts*, could not be written until there was a QEP (Quick-to-learn, Easy-to-use, Proven-to-work) explanation of True Love. Pope Benedict XVI’s encyclical *God is Love* and his Lent Letter of 2007 provided exactly that¹.

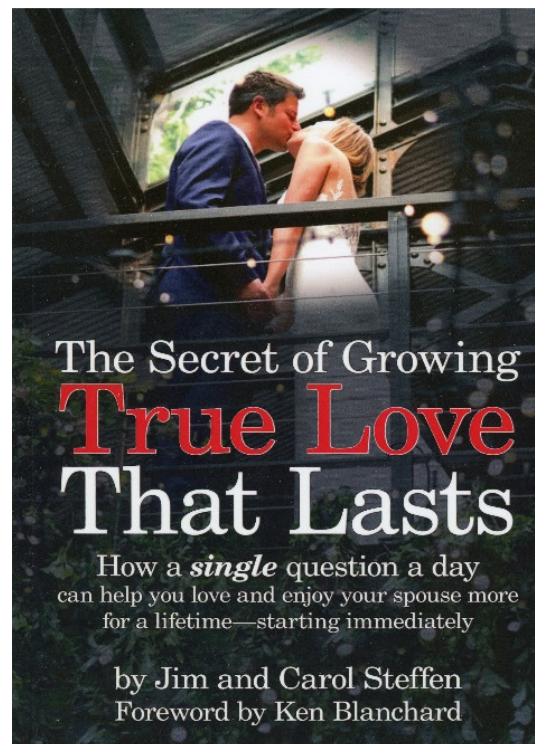
¹ To receive a copy of the like-changing Lent Letter of 2007 google “Benedict XVI Lent Letter 2007.”

Promoted by *Bishop Caggiano*

“Pope Francis is clear: Marriage cannot be improvised. A good marriage takes commitment and hard work.

In their book, Jim and Carol Steffen outline a very simple recipe for a strong, healthy marriage. By asking **one question a day**, husbands and wives can work together to build a relationship that endures.

I invite couples of all ages and experience to take up Jim and Carol’s challenge of growing true love that lasts using the *one question a day*.

Guided by *The Secret of Growing True Love That Lasts*

The book guided Maria and John (and the reader) as they search for a QEP(Quick-to-learn, Easy -to-use, Proven-to-work) method to grow their true love daily, to build a very happy marriage and to avoid the sadness of an unhappy marriage leading to divorce. In this allegory, you relive Maria and John’s dreams, hopes, and fears as they discover:

- The single very simple question a day based on Pope Benedict’s insights that grow their love daily
- The key to sharing with their partner what they really want in a way that builds the relationship
- How to bring God into the picture as a partner for greater marital and eternal happiness.

Avoid Our Mistake

We thought once we discovered this QEP method that contained all the insights of Pope Benedict XVI, we were well on our way to responding to Pope Francis' concern. **WRONG!** You receive no – zero, zilch – benefits just knowing the question of the day. You need to build the *H A B I T* of asking the very simple question daily. To help you solve this challenge, the True Love Habit Builder was created. For where to obtain the book and Habit Builder see p. 6.

Goals of the True Love That Lasts Movement

- Respond to Pope Francis' concern
- By providing a QEP (Quick-to-learn, Easy-to-use, Proven-to-work) method to guide a person to grow their enjoyment and love of their spouse a little each day, thereby building a very happy marriage and avoiding the sadness of the path to divorce.

Basis of Insights In This Participant's Guide

- Over fifty years of research related to *What is true love that lasts*.
- The insight of Pope Benedict in *God Is Love and Lent Letter 2007*.
- Many years doing leadership workshops with 160 Fortune 500 Companies.

6 Reason Why Use this Participant's Guide

1. You as an individual – even if your spouse does not participate – as soon as you ask the question of the day, you'll value, be motivated to please, and enjoy being with the one you love more.
2. When your spouse participates – all the above happens with synergism so $1 + 1 > 3$. Together you'll be on the path to live a happier marriage life each day.
3. Each day you ask and answer the question of the day, your relationship grows a little.
4. You will learn how to ask for what you REALLY want to build your relationship.
5. You will discover how God's vested interest in both your marital and eternal success make him your successful marriage partner.
6. You'll discover QEP tools to help others – those having trouble and even those already happily married.

What This Participant's Guide Will Do for You That Is Special

Some might say, "Why not just read the book? Aren't all the insights in the book? Isn't that enough?" My over forty years' teaching leadership skills and Aligned Thinking force me to answer a resounding "NO! It is not enough if you want all the value of these insights and discoveries." If that were the case, we would have just printed the text, bound it in leather, and sent it to people.

A Sad Fact

About 50% of those married today will be divorce or considering divorce in some tomorrow. And the divorces don't just happen in the first ten years. Some happen in the twentieth or thirtieth year. As the Bishop says, "I invite couples of *all ages and experience* to take up Jim and Carol's challenge of growing true love that lasts using the *one question a day*."

Our Game Plan

Include all I learned working with leaders in 160 Fortune 500 Companies for over forty plus years so that as soon as possible – as certainly as possible – you enjoy all the benefits of the True Love That Lasts Movement, i.e. growing the enjoyment and love of your spouse a little bit each day. Thereby avoiding the sadness of an unhappy marriage leading to the slippery slope of divorce.

The following is an excellent example of what I learned over the years and is included in this Participant's Guide for you.

Challenge Building the *Daily Question Habit*

- The habits you have built over the years will not be easy to refine or change in just a short time.
- You are already very busy with many other things that demand your attention.
- You will receive and give the greatest benefits when you create the *Daily Question Habit*.
- Giving yourself a Significant Competitive Edge will help you.

The Significant Competitive Edge Principles²

Discovery Principle

When you **clarify in writing exactly** what you want to remember, you give yourself a **significant competitive edge** to remember and use it.

Focus Principle

When you **write** the improvement you will focus on this next week, you give yourself a **significant competitive edge** to successfully improve this next week.

Accountability Principle

When you are accountable to **share your recorded progress** with your partner, you give yourself a **significant competitive edge** to regularly improve.

² This Significant Competitive Edge can be viewed as giving yourself a competitive edge over others. However, the main focus in giving yourself a Significant Competitive Edge is for you be able to receive more benefits from this Participant Guide. It will also make it possible for you to get and be able to give so much more in your partner meeting and possible webinar. This will give you a Significant Competitive Edge over your possibly less effective habits of the past.

Ways to Use This Participant's Guide

- You can use it individually, sharing or not sharing it with the one you love
- BETTER – use it with the one you love, i.e. your spouse or maybe spouse to be
- BETTER – use it with a partner, i.e. not your spouse
- BETTER – in a webinar with a group sharing insights and experiences
- BEST – Become a Certified Coach to lead small groups. (a Leader's Guide is planned)³
 - If you want to learn something, teach it!

Where to Procure the Book and Habit Builder

- Each participant needs a Habit Builder. Building a habit is a personal challenge.
- If you are located in the same place, you might or might not share one book.
- The Only source is <https://bit.ly/truelovekit>

Pay The Movement Froward

If you would like to move the True Love That Lasts Movement forward by giving a friend or relative a set, if you purchase three, we will give you the fourth free. Once you have your book and Habit Builder you are ready to.

For Help text RJSTEFFEN@aol.com

³ If you would like to be a Certified Coach to help many people, contact Coach Jim Steffen at RJSteffen@aol.com.

Saving Your Insights

You will be able to type your insights, save ,and/or print them. For the sake of example, complete the two questions in the box below.

Today's date is ____/____/____
I hope to complete the 5 sessions by ____/____/____

How to Print and Save Insights

1. Create a folder marked "True Love That Lasts Movement – Participant's Guide
2. Scroll so you can see the tool bar.
3. When you have reviewed the presentation and completed your Participant's Guide to your satisfaction,

- On the top right of this original document, click on the arrow.

Save this PDF of the Introduction in your True Love That Lasts Movement Text folder.

4. Return to the original. Print the text with your answers.

Suggestion: It is an excellent practice to print your answers for easy future reference

If you are printing them, purchase a loose leaf. On the spine write True Love That Lasts Movement.

5. Sharing Participant's Guide

If you are working with a partner that is located at a distance, you might want to send your link for your partner's discussion

Critical: Completing the Participants Guide will make it possible for you to get and share much more if you are in a partnership and/or a webinar.

Look forward to seeing you in session one.